

This Week's MENU

**WEEK
ONE**

	MONDAY 27 TH OCT	TUESDAY 28 TH OCT	WEDNESDAY 29 TH OCT	THURSDAY 30 TH OCT	FRIDAY 31 ST OCT
SOUP OF THE DAY **	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>
MAIN COURSE	Chinese Chicken Curry <i>(Wheat, Mustard)</i> Boiled Rice	Steak Pie with Puff Pastry <i>(Celery, Wheat)</i> Boiled Potatoes	Scotch Beef Chilli <i>(Celery)</i> Nachos <i>(MC Soya)</i>	Sausage Roll with Beans <i>(Wheat, Milk, MC Tree Nuts, Soy Sulphites)</i> Oven Cooked Wedges	Chicken Mayo Wrap & French Fries <i>(Wheat, Egg, Milk, Mustard)</i> Peas or Beans
SENIOR SPECIAL	Popcorn Chicken <i>(Celery, Wheat)</i> Oven Cooked Wedges	Salt & Chilli Chicken Baguette <i>(Wheat, Egg, Milk, Mustard)</i> Side Salad	Scotch Beef Chilli <i>(Celery)</i> Boiled Rice	Chicken Tikka Flatbread <i>(Wheat)</i> Mint Yoghurt <i>(Milk, Egg)</i>	Chicken Goujons <i>(Wheat, Egg, Milk, Mustard)</i> French Fries
MEAT FREE	Chinese Vegetable Curry <i>(Wheat, Mustard)</i> Boiled Rice	Cheese, Leek & Potato Pie with Puff Pastry & Peas <i>(MC Celery, Wheat, MC Eggs, Milk, MC Mustard, MC Soya)</i>	Veggie Chilli <i>(Celery, Soya)</i> Nachos <i>(MC Soya)</i>	Veggie Sausage Roll <i>(Wheat)</i> Oven Baked Wedges	Veggie Mayo Wrap & French Fries <i>(Wheat, Egg)</i> Peas or Beans
NO FUSS PASTA	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>

- DAILY OFFERINGS -

Baked Potatoes - Served With Hot or Cold Fillings *(Milk)* , **Deli Bar** – Mixed Salad Items, A Selection Of Filled Rolls, Egg Mayo *(Egg)* Tuna Mayo *(Fish, Egg)*, Cheese *(Milk)* and Additional Fillings, Fruit, Jelly, Yoghurts *(Milk)*

- ** Please Ask a Member of Staff about the Daily Soup Offering.

This Week's MENU

**WEEK
TWO**

	MONDAY 3 RD NOV	TUESDAY 4 TH NOV	WEDNESDAY 5 TH NOV	THURSDAY 6 TH NOV	FRIDAY 7 TH NOV
SOUP OF THE DAY **	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>
MAIN COURSE	Chicken Pesto Pasta <i>(Wheat, Milk)</i> Garlic Bread <i>(Wheat, MC Milk, MC Soya)</i>	Fish Pie with Mash <i>(Fish, Milk)</i> Peas	Fajita Chicken Red Pepper Rice	Cheesy Chicken Melt <i>(Wheat, Egg, Milk, Mustard)</i> Oven Cooked Wedges	Fish Fingers & French Fries <i>(Fish, Soya)</i> Peas or Beans
SENIOR SPECIAL	Sweet Chilli Chicken Baguette <i>(Wheat, Egg, Milk, Mustard)</i> Side Salad	Chicken & Sweetcorn Pizza <i>(Wheat, Milk, MC Soya)</i> Side Salad	Fajita Chicken & Rice Salsa & Sour Cream <i>(Milk)</i>	BBQ Bacon & Chicken Burger <i>(Wheat)</i> Oven Cooked Wedges	Sausage Roll & French Fries <i>(Wheat, Milk, Soya, Sulphites)</i> Beans
MEAT FREE	Creamy Tomato, Pesto Pasta <i>(Wheat, Milk)</i> Garlic Bread <i>(Wheat, MC Milk, MC Soya)</i>	Veggie Cottage Pie <i>(Milk, Soya)</i> Peas	5 Bean Chilli Red Pepper Rice	Cheesy Melt Petit Pain <i>(Wheat, Milk)</i> Oven Baked Wedges	Veggie Fingers & French Fries <i>(Wheat, Soya)</i> Peas or Beans
NO FUSS PASTA	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>

- DAILY OFFERINGS -

Baked Potatoes - Served With Hot or Cold Fillings *(Milk)* , **Deli Bar** – Mixed Salad Items, A Selection Of Filled Rolls, Egg Mayo *(Egg)* Tuna Mayo *(Fish, Egg)*, Cheese *(Milk)* and Additional Fillings, Fruit, Jelly, Yoghurts *(Milk)*

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This Week's MENU

**WEEK
THREE**

	MONDAY 10 TH NOV	TUESDAY 11 TH NOV	WEDNESDAY 12 TH NOV	THURSDAY 13 TH NOV	FRIDAY 14 TH NOV
SOUP OF THE DAY **	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>
MAIN COURSE	Scotch Beef Meatball Pasta <i>(Celery, Wheat)</i> Garlic Bread <i>(Wheat, MC Milk, MC Soya)</i>	Mince & Tatties <i>(Celery, Milk)</i> Peas	Chicken Stir Fry <i>(Soya)</i> Noodles or Rice <i>(Egg, MC Soya)</i>	Cheese & Ham Omelette <i>(Egg, Milk)</i> Beans	Breaded Fish & French Fries <i>(Wheat, Fish)</i> Peas or Beans
SENIOR SPECIAL	Sweet Chilli Chicken Burger <i>(Celery, Wheat)</i> or Cheese Burger <i>(Celery, Wheat, Milk)</i> Fries	Sausage & Mash <i>(Wheat, Milk)</i> Peas	Hot & Spicy Chicken <i>(Soya)</i> Noodles or Fried Rice <i>(Egg, MC Soya)</i>	Scotch Beef Meatball Pasta <i>(Celery, Wheat)</i> Garlic Bread <i>(Wheat, MC Milk, MC Soya)</i>	Chicken Keralan Korma <i>(Celery)</i> Boiled Rice
MEAT FREE	Meat"free"ball Pasta <i>(Wheat, Soya)</i> Garlic Bread <i>(Wheat, MC Milk, MC Soya)</i>	Veggie Mince & Tatties <i>(Milk, Soya)</i> Peas	Mushroom Stir Fry <i>(Soya)</i> Noodles or Rice <i>(Egg, MC Soya)</i>	Cheesy Omelette <i>(Egg, Milk)</i> Beans	Veggie Nuggets & French Fries <i>(Wheat, Mustard)</i> Peas or Beans
NO FUSS PASTA	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>

- DAILY OFFERINGS -

Baked Potatoes - Served With Hot or Cold Fillings *(Milk)* , **Deli Bar** – Mixed Salad Items, A Selection Of Filled Rolls, Egg Mayo *(Egg)* Tuna Mayo *(Fish, Egg)*, Cheese *(Milk)* and Additional Fillings, Fruit, Jelly, Yoghurts *(Milk)*

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This Week's MENU

**WEEK
FOUR**

	MONDAY 17 TH NOV	TUESDAY 18 TH NOV	WEDNESDAY 19 TH NOV	THURSDAY 20 TH NOV	FRIDAY 21 ST NOV
SOUP OF THE DAY **	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>
MAIN COURSE	Chicken Tikka <i>(MC Wheat, Milk)</i> Boiled Rice	Chicken & Leek Pie <i>(MC Celery, Wheat, MC Eggs, Milk, MC Mustard, MC Soya)</i> Mash <i>(Wheat, Milk)</i>	Cheese & Tomato Pizza <i>(Wheat, Milk, MC Soya)</i> Oven Cooked Wedges	Sausage with Beans <i>(Wheat)</i> Oven Cooked Wedges	Chicken Mayo Wrap & French Fries <i>(Wheat, Egg, Milk, Mustard)</i> Peas or Beans
SENIOR SPECIAL	Popcorn Chicken <i>(Celery, Wheat)</i> Oven Cooked Wedges	Sweet Chilli Chicken Baguette <i>(Wheat, Egg, Milk, Mustard)</i> Side Salad	BBQ Chicken Pizza <i>(Wheat, Milk, MC Soya)</i>	Chicken Tikka Flatbread <i>(Wheat)</i> Mint Yoghurt <i>(Milk, Egg)</i>	Chicken Goujons <i>(Wheat, Egg, Milk, Mustard)</i> French Fries
MEAT FREE	Vegetable Tikka <i>(MC Wheat, Milk)</i> Boiled Rice	Cheese, Leek & Potato Pie with Puff Pastry & Peas <i>(MC Celery, Wheat, MC Eggs, Milk, MC Mustard, MC Soya)</i>	Macaroni Cheese <i>(Celery, Soya)</i> Garlic Bread <i>(Wheat, MC Milk, MC Soya)</i>	Veggie Sausages with Beans <i>(Wheat)</i> Oven Baked Wedges	Veggie Mayo Wrap & French Fries <i>(Wheat, Egg)</i> Peas or Beans
NO FUSS PASTA	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>

- DAILY OFFERINGS -

Baked Potatoes - Served With Hot or Cold Fillings *(Milk)* , **Deli Bar** – Mixed Salad Items, A Selection Of Filled Rolls, Egg Mayo *(Egg)* Tuna Mayo *(Fish, Egg)*, Cheese *(Milk)* and Additional Fillings, Fruit, Jelly, Yoghurts *(Milk)*

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