

This Week's MENU

WEEK
ONE

	MONDAY 5 TH JAN	TUESDAY 6 TH JAN	WEDNESDAY 7 TH JAN	THURSDAY 8 TH JAN	FRIDAY 9 TH JAN
SOUP OF THE DAY **	CLOSED	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>
MAIN COURSE	CLOSED	Spaghetti with Meatballs and Garlic Bread	Mince & Tatties <i>(Celery, Milk)</i> Peas	Moroccan Chicken Tagine with Cous Cous <i>(Wheat, Mustard)</i>	Fish Fingers & French Fries <i>(Fish, Soya)</i> Peas or Beans
SENIOR SPECIAL	CLOSED	Meatball Sub with Oven Cooked Wedges	Hot Dogs with Caramelised Onions and Corn on the Cob	Homemade Beef Chilli and Rice <i>(Wheat, Mustard)</i>	Moroccan Chicken Pitta Bread <i>(Wheat, Egg, Milk, Mustard)</i>
MEAT FREE	CLOSED	Spaghetti with Tomato Sauce and Garlic Bread	5 Bean Stew with Boiled Potatoes <i>(Celery)</i>	Moroccan Vegetable Tagine with Cous Cous <i>(Wheat, Mustard)</i>	Veggie Fingers & French Fries <i>(Wheat, Soya)</i> Peas or Beans
NO FUSS PASTA	CLOSED	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>			

- DAILY OFFERINGS -

Baked Potatoes - Served With Hot or Cold Fillings *(Milk)* , **Deli Bar** – Mixed Salad Items, A Selection Of Filled Rolls, Egg Mayo *(Egg)* Tuna Mayo *(Fish, Egg)*, Cheese *(Milk)* and Additional Fillings, Fruit, Jelly, Yoghurts *(Milk)*

- ** Please Ask a Member of Staff about the Daily Soup Offering.

This Week's MENU

WEEK
TWO

	MONDAY 12 TH JAN	TUESDAY 13 TH JAN	WEDNESDAY 14 TH JAN	THURSDAY 15 TH JAN	FRIDAY 16 TH JAN
SOUP OF THE DAY **	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>
MAIN COURSE	Sausage Roll with Beans <i>(Wheat, Milk, MC Tree Nuts, Soy Sulphites)</i> Oven Cooked Wedges	Sticky Asian Chicken with Rice and Tenderstem Broccoli <i>(Wheat, Milk, MC Tree Nuts, Soy Sulphites)</i>	Roast Chicken with Potatoes & Seasonal Veg	Sausage & Mash <i>(Wheat, Milk)</i> Peas	Fish Fingers & French Fries <i>(Fish, Soya)</i> Peas or Beans
SENIOR SPECIAL	Sausage, Wedges and Beans <i>(Wheat, Milk)</i>	Cheese Burger with French Fries <i>(Celery, Wheat, Milk)</i>	Steak Pie with Potatoes & Seasonal Veg Puff Pastry <i>(Celery, Soya)</i>	Macaroni Cheese <i>(Celery, Soya)</i> Garlic Bread <i>(Wheat, MC Milk, MC Soya)</i>	Pepperoni or Margherita Pizza Twist with Corn on the Cob
MEAT FREE	Veggie Sausage Roll with Beans <i>(Wheat)</i> Oven Baked Wedges	Sticky Asian Quorn with Rice and Tenderstem Broccoli <i>(Wheat, Milk, MC Tree Nuts, Soy Sulphites)</i>	Quorn Roast with Potatoes & Seasonal Veg	Veggie Sausage & Mash <i>(Wheat, Milk)</i> Peas	Veggie Fingers & French Fries <i>(Wheat, Soya)</i> Peas or Beans
NO FUSS PASTA	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>

- DAILY OFFERINGS -

Baked Potatoes - Served With Hot or Cold Fillings *(Milk)* , **Deli Bar** – Mixed Salad Items, A Selection Of Filled Rolls, Egg Mayo *(Egg)* Tuna Mayo *(Fish, Egg)*, Cheese *(Milk)* and Additional Fillings, Fruit, Jelly, Yoghurts *(Milk)*

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This Week's MENU

WEEK
THREE

	MONDAY 19 TH JAN	TUESDAY 20 TH JAN	WEDNESDAY 21 ST JAN	THURSDAY 22 ND JAN	FRIDAY 23 RD JAN
SOUP OF THE DAY **	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>
MAIN COURSE	Cheese Burger with Oven Cooked Wedges <i>(Celery, Wheat, Milk)</i>	Homemade Beef Chilli with Rice <i>(Wheat, Mustard)</i>	Sausage Casserole with Boiled Potatoes	Cheese and Ham Melt <i>(Wheat, Egg, Milk, Mustard)</i> Oven Cooked Wedges	Fish Fingers & French Fries <i>(Fish, Soya)</i> Peas or Beans
SENIOR SPECIAL	Chicken Burger with Oven Cooked Wedges <i>(Wheat)</i>	Fajita Spiced Chicken with Nachos	Sweet and Sour Chicken with Rice and Prawn Crackers	Giant Yorkie with Sausage, Cheesy Mash and Gravy	Chicken Baguette with <i>Corn on the Cob</i> <i>(Wheat, Egg, Milk, Mustard)</i>
MEAT FREE	Veggie Burger <i>(Wheat)</i> Oven Cooked Wedges	5 Bean Chilli Boiled Rice	Veggie Sausage Casserole	Cheesy Melt Petit Pain <i>(Wheat, Milk)</i> Oven Baked Wedges	Veggie Fingers & French Fries <i>(Wheat, Soya)</i> Peas or Beans
NO FUSS PASTA	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>			

- DAILY OFFERINGS -

Baked Potatoes - Served With Hot or Cold Fillings *(Milk)* , **Deli Bar** – Mixed Salad Items, A Selection Of Filled Rolls, Egg Mayo *(Egg)* Tuna Mayo *(Fish, Egg)*, Cheese *(Milk)* and Additional Fillings, Fruit, Jelly, Yoghurts *(Milk)*

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This Week's MENU

**WEEK
FOUR**

	MONDAY 26 TH JAN	TUESDAY 27 TH JAN	WEDNESDAY 28 ST JAN	THURSDAY 29 TH JAN	FRIDAY 30 TH JAN
SOUP OF THE DAY **	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>	A Choice of Two Soups With Fresh Bread / Roll <i>(MC Celery, Wheat)</i>
MAIN COURSE	Chinese Chicken Curry <i>(Wheat, Mustard)</i> Boiled Rice	Scotch Beef Pie with Beans and Oven Baked Wedges	Roast Gammon with Pineapple and Potatoes	Beef Stew with Mash <i>(Celery, Wheat, Milk)</i>	Fish Fingers & French Fries <i>(Fish, Soya)</i> Peas or Beans
SENIOR SPECIAL	Ham & Cream Cheese Bagel with Corn on the Cob <i>(Wheat, Egg, Milk, Mustard)</i>	Sausage Roll with Beans and Oven Cooked Wedges <i>(Wheat, Milk, MC Tree Nuts, Soy Sulphites)</i>	Southern Fried Chicken with a Tortilla Wrap and Garlic Mayo	Chinese Chicken Curry <i>(Wheat, Mustard)</i> Boiled Rice	Breaded Fish & French Fries <i>(Wheat, Fish)</i> Peas or Beans
MEAT FREE	Chinese Vegetable Curry <i>(Wheat, Mustard)</i> Boiled Rice	Veggie Sausage Roll with Beans and Oven Baked Wedges <i>(Wheat)</i>	Quorn Roast with Pineapple and Potatoes	5 Bean Stew with Mash <i>(Celery, Wheat, Milk)</i>	Veggie Fingers & French Fries <i>(Wheat, Soya)</i> Peas or Beans
NO FUSS PASTA	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>	Plain Pasta <i>(Wheat)</i> Tomato Pasta <i>(Celery, Wheat)</i>

- DAILY OFFERINGS -

Baked Potatoes - Served With Hot or Cold Fillings *(Milk)* , **Deli Bar** – Mixed Salad Items, A Selection Of Filled Rolls, Egg Mayo *(Egg)* Tuna Mayo *(Fish, Egg)*, Cheese *(Milk)* and Additional Fillings, Fruit, Jelly, Yoghurts *(Milk)*

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